

# BREAKFAST MENU

## JUICES

Fresh Juice of the Day

Freshly Squeezed Orange • Apple • Freshly Squeezed Grapefruit  
Tomato • Pineapple • Prune Juice • Coconut Water

## CEREALS

Homemade Muesli • Cornflakes • All Bran • Raisin Bran • Rice Krispies  
Hot Oatmeal • Cream of Wheat • Yoghurt • Yoghurt Pot of the Day

## FRESH FRUIT

as available

Banana • Watermelon • Cantaloupe • Paw Paw • Pineapple  
Half Grapefruit • Mango • Prunes • Fruit Platter

## PRESERVES

Marmalade • Honey • Guava Jelly • Strawberry Jam  
Raspberry Jam • Tropical Jam • Marmite

## PASTRY

Danish/Croissant • Bagels • White Toast • Granary  
Sourdough • Gluten Free

## EGGS

Scrambled • Fried • Poached • Boiled 1 or 2 eggs  
Omelette - 3 eggs or Egg White with:  
Ham • Cheese • Tomato • Mushroom • Onion • Pepper

## FISH

Fried Fish Cakes with Tomato Concasse or Hot Pepper Sauce  
Grilled Flying Fish

## SIDES

Homemade Pancakes with Maple Syrup  
Corned Beef Hash  
Pork Sausages  
Streaky Bacon  
Grilled Tomatoes  
Home Fried Potatoes  
French Toast

## BEVERAGES

Breakfast Tea • Earl Grey • Mint • Chamomile  
Coffee • Decaf • Cappuccino • Espresso • Cafe Latte  
Hot Chocolate • Milk (hot or cold)

Please inform us if you have any special dietary requirements

ALL PRICES ARE IN BARBADOS DOLLARS, INCLUSIVE OF VAT AND SUBJECT TO PRODUCT LEVY AND 10% SERVICE CHARGE